

NOVEMBER 2016 **Herculaneum High**

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Cheesy Chicken Burrito
Spanish Rice
Refried Beans
Assorted Fruit

2

Swedish Meatballs
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

3

Orange Chicken
Vegetable Fried Rice
Egg Roll
Steamed Broccoli
Assorted Fruit

4

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Carrots
Assorted Fruit

7

Chili & Chicken
Crispitos
Cheddar Cheese Sauce
Seasoned Green Beans
Assorted Fruit

8

Pork Roast w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

9

Cheese Steak on Hoagie
Bun
Sauteed Pepper & Onion
Baked Crinkle Cut Fries
Assorted Fruit

10

Turkey, Bacon, & Ranch
Flatbread
Shredded Lettuce &
Tomato
BBQ Baked Beans
Assorted Fruit

11

No School

14

Beef Nachos w/ Queso
Cheese
Salsa
Refried Beans
Assorted Fruit

15

Spaghetti w/ Meatballs
Warm Breadstick
Seasoned Green beans
Assorted Fruit

16

Enchiladas w/ Red Sauce
Brown Rice
Pea and Carrot Medley
Assorted Fruit

17

Oven Roasted Chicken
Warm Dinner Roll
Buttered Noodles
Baked Beans
Assorted Fruit

18

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Carrots
Assorted Fruit

21

Toasted Ravioli w/
Marinara Sauce
Steamed Broccoli
Rotini Marinara
Assorted Fruit

22

Thanksgiving Lunch
Turkey w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

23

No School

24

**Happy
Thanksgiving!**

25

No School

28

No School

29

Country Fried Steak
Warm Breadstick
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

30

Baked Potato Bar
(Cheese, Diced Ham,
Steamed Broccoli)
Soft Pretzel
Assorted Fruit

DID YOU KNOW?

Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

***Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

Nov 11th – No School/Veterans Day
Nov 23rd - 25th – No School/
Thanksgiving Break
Nov 28th – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$42.50 into your students account for lunch this month.

*****Every grain item is whole grain

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